

1. My approach to family rules for technology is:
 - a. I wouldn't bother.
 - b. I would try my best to enforce rules but might have difficulty with follow-through.
 - c. I would include my children in the process of developing a family technology plan.
 - d. My husband and I will type up clear, consistent rules about when and how technology can be used.

2. Ideally, how would you monitor your child's Internet use?
 - a. Wouldn't bother.
 - b. Would occasionally look at my child's phone or search history.
 - c. Would consistently check my child's texts and quietly follow her on social media sites.
 - d. Would install parental controls and filters. I would block inappropriate websites and monitor all activity.

3. Would you allow your son to play online games on school nights?
 - a. Of course. What else would he be doing?
 - b. Yes. He needs the break, and hopefully he will get his homework done afterwards.
 - c. Yes. But he needs to complete his homework and show it to me, and then I am happy to let him play or to play a game with him.
 - d. No. Video games are addictive and distracting. He needs to focus on his homework, and he can play games on the weekend.

4. What would you do if you found your daughter sending an inappropriate photo to her boyfriend?
 - a. Nothing. It is her private business.
 - b. Express concern and discuss what is going on in the relationship.
 - c. Express concern about my daughter's self-esteem while contacting the boy's parents to make sure the picture is not forwarded. Then take away her phone for the next few days.
 - d. Forbid my daughter from ever seeing the boy again and then take away her phone for the next month.